



# AVONDALE CONSTRUCTION NEWSLETTER

## IN THIS ISSUE

HSEQ Updates

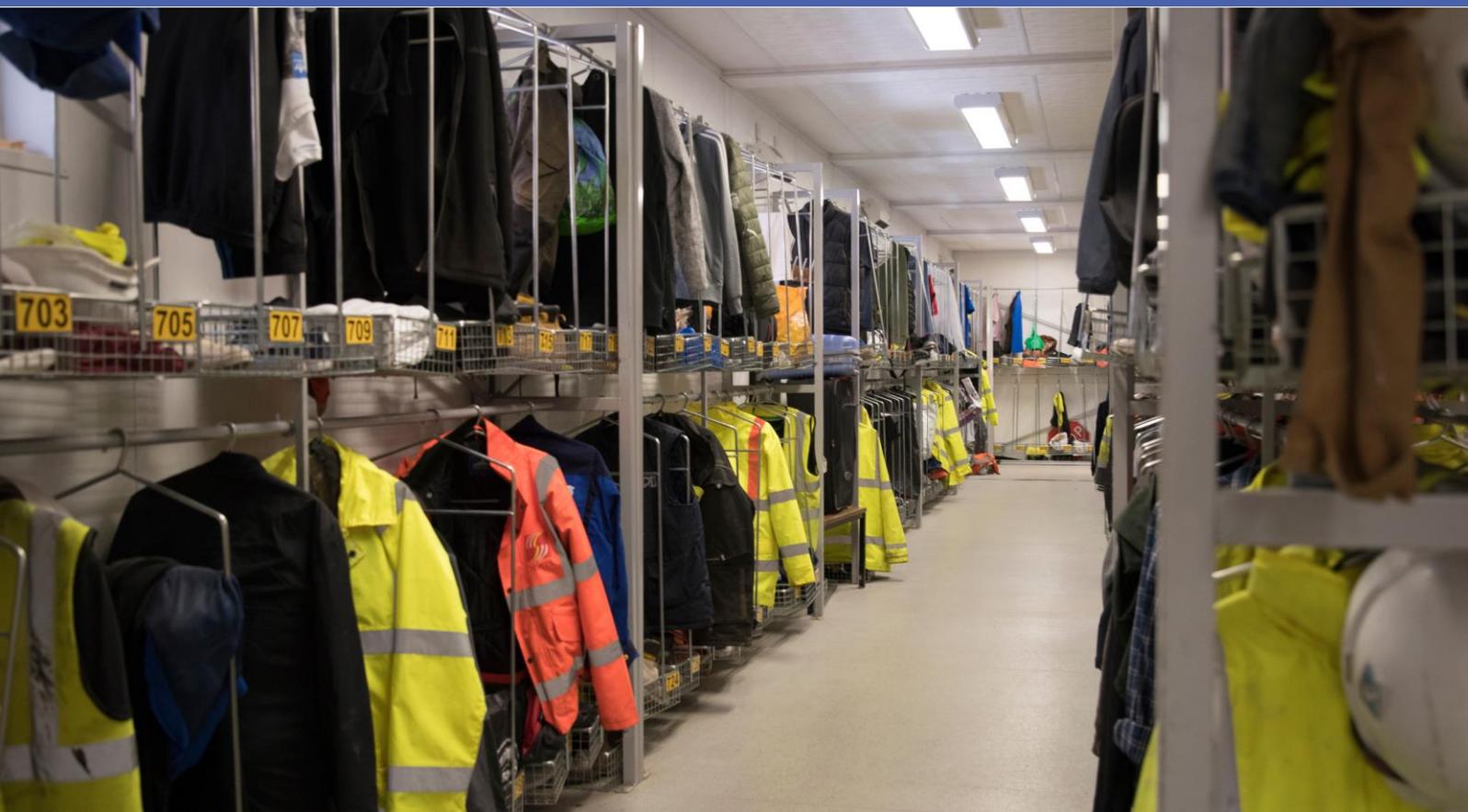
Health

Awards / Charity

Human Resource and Training

EU Settlement Scheme

**JUN 2019**



## HSEQ UPDATES

### ACCIDENT / INCIDENT STATS

#### JUNE 2019

Accident Frequency Rate : 0

0 – Non-reportable Accident

1 – Incidents

0 – Near Miss

### NEW INCENTIVE

In June's Monthly H&S meeting, we discussed introducing a new PPE incentive reward scheme for employees.

A points system will allow operatives to work towards obtaining quality branded PPE. Mathew and Jamie will be organising a meeting to discuss the idea further.

### SAFETY & HEALTH EXPO 2019

This year, Jamie visited the Safety and Health expo which is held at the London Excel Center over a course of 3 days. The aim was to gather ideas for new incentives and safety systems.

"I come away from the event extremely satisfied that the companies I spoke to could be a massive step forward in the way safety data is stored. I'm looking forward to liaising with new contacts I met on the day."

Avondale are always striving to implement new ideas to make the day to day running of the business safe and effective.

# WORLD HEPATITIS DAY

World Hepatitis Day takes place on 28<sup>th</sup> July 2019. Currently 300 million people are living with viral hepatitis unaware. Without finding the undiagnosed and linking them to care, millions will continue to suffer, and lives will be lost. On WHD people are encouraged to act and raise awareness to find the “missing millions”.

## What is Hepatitis?

Its a deadly disease affecting the liver leaving it inflamed. This is commonly caused by a viral infection but are other causes.

Your liver provides critical functions to your body including;

- bile production, which is essential to digestion
- filtering of toxins from your body
- excretion of bilirubin (a product of broken-down red blood cells), cholesterol, hormones, and drugs
- breakdown of carbohydrates, fats, and proteins
- activation of enzymes, which are specialized proteins essential to body functions
- storage of glycogen (a form of sugar), minerals, and vitamins (A, D, E, and K)
- synthesis of blood proteins, such as albumin
- synthesis of clotting factors

There are 4 types of Hepatitis;

- Hepatitis A
- Hepatitis B
- Hepatitis C
- Hepatitis D
- Hepatitis E

Hepatitis A is always an acute, short-term disease, while hepatitis B, C, and D are most likely to become ongoing and chronic. Hepatitis E is usually acute but can be particularly dangerous in pregnant women.

## The causes of Hepatitis

Excessive alcohol consumption can cause liver damage and inflammation. This is sometimes referred to as alcoholic hepatitis. The alcohol directly injures the cells of your liver. Over time, it can cause permanent damage and lead to liver failure and cirrhosis, a thickening and scarring of the liver. Other toxic causes of hepatitis include overuse or overdose of medications and exposure to poisons.

Watch this short film to raise awareness

<http://www.worldhepatitisday.org/film/>

For further information please go to

<http://www.worldhepatitisday.org/>



World Hepatitis Alliance

290 million people live with viral hepatitis unaware.

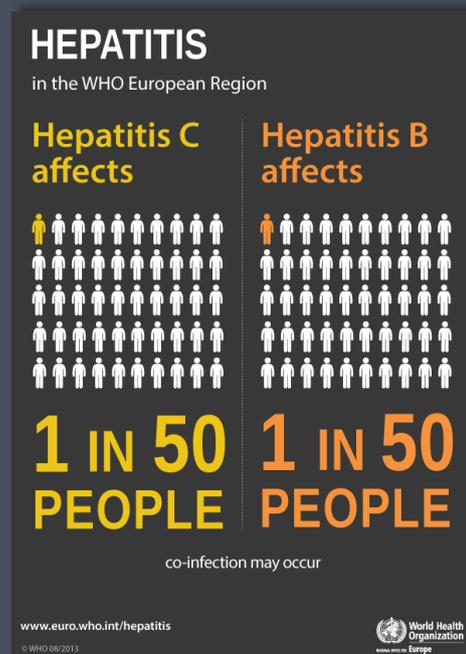
Are you one of them?

Find The Missing Millions.

Find out more at [www.worldhepatitisday.org](http://www.worldhepatitisday.org)

World Hepatitis Day - 28 July

ELIMINATE HEPATITIS



HEPATITIS

in the WHO European Region

Hepatitis C affects 1 in 50 PEOPLE

Hepatitis B affects 1 in 50 PEOPLE

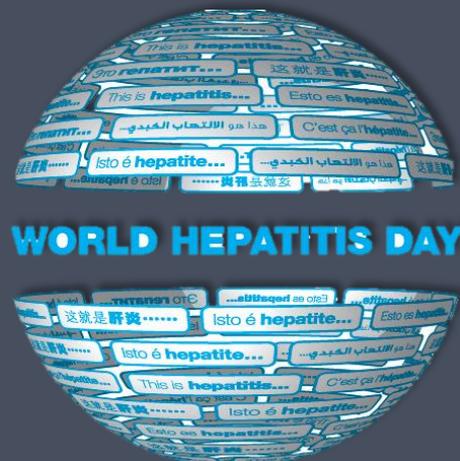
co-infection may occur

[www.euro.who.int/hepatitis](http://www.euro.who.int/hepatitis)



© WHO 08/2013

Find The Missing Millions.



## AWARDS / CHARITY

### PPR AWARDS

Great work from Leal, Eleana and Florin down at Principal Place Residential. They all received award vouchers for the great work they're doing on site.

Leal got his for reporting to the Multiplex Health and Safety Manager the unsafe condition of a smoke riser which had been left opened without authorisation from Multiplex.

Eleana was awarded by Multiplex for Assisting in the cleaning of the Finished Bathrooms in the Finished Apartments which had been soiled by Persons Unknown working on the site.

Florin got the award from the Multiplex Health and Safety Manager for impressing him on his work ethic which he show that he could work in a safe manner without the prompting of a supervisor or manager.

### SHINING SERJ

Last month our employee of the month, Serj, decided he wanted to donate his prize to charity. Due to his act of kindness, Avondale decided to double his prize and donate to **Help for Heroes**.

This will help make a difference to somebodies' life.

Thank you again Serj!



Top: Leal & Eleana

Right: Florin



**Mates in Mind** aim to provide information to employers on support and guidance for mental health, mental illness and mental wellbeing issues.

Avondale's current aim is to train all site management as competent mental health first aiders, as part of our continued focus on the mental wellbeing of our workforce and fellow contractors.

# HUMAN RESOURCE AND TRAINING



## SECURITY GUARD

Location: London

Pay Rate: As per contract

Length: Duration of site contract

Requirements:

- SIA license – 2 years remaining
- CSCS with minimum 2 years remaining
- CRB check cert

For more information, please call our HR department on the number below.



## CRANE RESCUE TRAINING

Kane and Mathew who are based on Arundel Great Court, took part in Crane Rescue Training. This 2-day course included a theory and a final practical test on the last day. Both Mathew and Kane passed the course and really enjoyed the experience.

We will be rolling out this course in the near future for other site management.

## SUGGESTIONS?

We're open to site management suggesting new training and organising existing refresher courses.

If you require any training, please contact Debbie to assist you further.



## JOB OPPORTUNITIES

Avondale Construction Ltd is a rapidly growing company that continues to evolve within the industry, and our success has always been our people. We are constantly looking for competent professional, semi skilled and skilled operatives.

Please give us a call on 0207 485 3475 for all current job opportunities.





## EU SETTLEMENT SCHEME

In light of the UK's decision to leave the EU, Avondale recognises that our labour force is made up of 80% EU nationals which is why we're here to give the guidance and information regarding BREXIT.

### What is the EU Settlement Scheme?

In line of the draft Withdrawal Agreement, if you are a EU citizen, you and your family members will be able to apply to the EU Settlement Scheme to continue living in the UK after 31st December 2020.

This scheme will allow EU citizens to continue to work, study and live in the UK. This means you will be eligible for public services, pensions, public funds and British citizenship If you want to apply and meet the requirements.



For more information on eligibility, applying for British citizenship and the application process, visit <https://www.gov.uk/settled-status-eu-citizens-families>

Avondale employees can speak to our payroll or HR department for extra guidance if needed.

Contact our head office on 0207 485 3475 for more information.

